

Strings Karate Assessment Goals – Book 1

Name: _____

| | Song | Date | Comment | Teacher Int. |
|------------------------------------|------------------------------|------|---------|--------------|
| WHITE BELT Page 4-5 | | | | |
| Goal 1 | 6. Jumping Jacks | | | |
| Goal 2 | 9. Essential Elements Quiz | | | |
| YELLOW BELT Page 7-9 | | | | |
| Goal 1 | 19. Rolling Along | | | |
| Goal 2 | 22. Lightly Row | | | |
| ORANGE BELT Page 10-13 | | | | |
| Goal 1 | 27. Olympic High Jump | | | |
| Goal 2 | 33. Song for Christine | | | |
| GREEN BELT Page 16-17 | | | | |
| Goal 1 | 47. Bow on the D String | | | |
| Goal 2 | 53. EEQ – Olympic Challenge | | | |
| PINK BELT Page 18-19, 14-15 | | | | |
| Goal 1 | 63. Scale Simulator | | | |
| Goal 2 | 42. Old MacDonald | | | |
| BLUE BELT page 20-23 | | | | |
| Goal 1 | 80. Grandparent's Day | | | |
| Goal 2 | 86. Ode to Joy | | | |
| PURPLE BELT Page 26-29 | | | | |
| Goal 1 | 101. Baa Baa Black Sheep | | | |
| Goal 2 | 106. French Folk Song | | | |
| RED BELT Page 32-35 | | | | |
| Goal 1 | 129. Minor Details | | | |
| Goal 2 | 140. Bingo | | | |
| BROWN BELT Page 37-40 | | | | |
| Goal 1 | 155. Monday's Melody | | | |
| Goal 2 | 168. Arkansas Traveller | | | |
| BLACK BELT (Page 34-end) | | | | |
| Goal 1 | 176. Pop Goes the Weazel | | | |
| Goal 2 | 182. Surprise Symphony Theme | | | |